



Family survey participant information

The Be You Family Survey is designed to help gather mental health and wellbeing related information from families within our learning community.

As a Be You learning community, we're encouraged to reflect on how we're doing things – what we're doing well already, and what we can improve to promote children and young people's mental health and wellbeing.

Why am I being asked to complete this survey?

This survey seeks the important voice of families in the Be You Learning Community. The educators at your child or young person's learning setting want to know your thoughts, ideas and opinions about mental health and wellbeing so they know what's working well and what can be improved.

The voice of educators, children and young people may also be gathered through an alternative survey to gain a broad understanding of the learning community. If your child or young person are invited to complete a survey, you'll be informed by the leadership within the

early learning service or school.

How long does it take?

It will take you approximately 10–15 minutes to complete the survey.

Is it compulsory?

Completing this anonymous survey is entirely your choice. You can choose to answer some or all of the questions or you can choose not to participate. If you decide not to participate, your decision will not disadvantage you or your child or young person. If you need more information about this survey prior to starting, please contact the staff member who distributed this information to you.

How is my privacy protected?

You will not be required to write your name or any other personal details on your survey.

Action Team members in your child or young person's learning setting will be summarising survey results for the purposes of informing whole-setting planning and continuous improvement.

What do I need to do to participate?

Be sure you're comfortable with the information presented in this sheet and understand the contents before you consent to participate. If there's anything you don't understand, or if you have questions, please contact the staff member who distributed this information to you.

If you consent to participate, please complete the survey according to the instructions given to you. Thank you for your support in creating and maintaining a mentally healthy learning community for all. Your voice matters.

Seeking support

If you'd like to talk about what's going on for you, or someone you care about, we encourage you to seek support. There are a range of options available:

Beyond Blue Support Service

beyondblue.org.au/get-support

1300 22 4636

Kids Helpline (5–25 years)

kidshelpline.com.au

1800 55 1800

headspace (12–25 years)

headspace.org.au

1800 650 890